

Where and When to Write

Writing Environment

- Away from home
 - Write in a coffee shop or library to cut out potential distractions from being at home.
 - Write outside on a patio, in a garden, in a park.
- Intrusive noise
 - Wear headphones to muffle external noises.
 - Listen to music to fit the mood of the writing project.
- Be prepared to sit a while
 - Have a bottle of water or cup of coffee at your side.
 - If you need a snack, have it handy.
- Electronic distractions
 - Turn off any messaging programmes.
 - Switch off phone.
 - Turn off TV, if working at home.

Writing Sessions

- Setting word count goals
 - Set a “minimum” word count goal that isn’t daunting: maybe 200 words.
 - Set a “stretch” word count goal: maybe 1,000 words.
- Setting a writing time goal
 - Set a timer to keep you on track: maybe for 30 minutes minimum.
- Finding time to write
 - Get up earlier and write before your normal day would begin, or before others in the house get up.
 - Write while dinner is cooking.
 - Write while you’re waiting somewhere.